

Janet T. Mills
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Commissioner



Maine Department of Health and Human Services
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Penquis Public Health Council

December 6th, 2024

9:00am – 11:00am

Zoom

(Zoom information included on the next page)

Attendance:

Rachel Robbins

Jennifer Laferte-Carlson

Brianna

Deb Weiskittel

Gabe – MYAN

Heidi LeBanc

Hillary Starbird

Jamie Comstock

Jane Danforth

Jennifer Goodwin

Laura Lacasse

Matt Donahue

Nikki Hollobaugh

Robin Carr

Roxane Dubay

Sue Mackey Andrews

Meeting Minutes

9:00 – 9:05am (5 mins)

- Welcome and Agenda Review
- Introductions
- Discussion on adding new members to the group and deciding on the timing for the August meeting (first or last week of August).

9:15 – 9:55am (40 mins)

Changes to Council Meetings

- Presented by Jennifer Laferte-Carlson on behalf of the Planning Committee Members
- **The Penquis Public Health District's Primary Prevention Staff**
 - Led by Jamie Comstock, Health Promotion Manager, Bangor Public Health

- Discussed efforts to support health at all stages of life and promote children's growth.
- Overview of big-picture priorities for the upcoming year.
- Need for a policy on youth-friendly signage and a potential repository for signage materials.
- Challenges: Reduced funding and more focus on documentation.

9:55 – 10:05am (10 mins)

- Break

10:05 – 10:50am (45 mins)

ALICE (Asset Limited, Income Constrained, Employed)

- Presentation by Matt Donahue, Vice President & Chief Impact Officer, Heart of Maine United Way
 - Overview of challenges faced by ALICE individuals and families, who are essential workers struggling with housing, childcare, and healthcare.
 - Discussed how ALICE data helps build community resilience and financial stability.
 - Mentioned AliceInMaine.org and telethon/grant application information.
 - Action: Collect Matt’s slides and any relevant materials.

10:50 – 10:55am (5 mins)

- Break (if needed)

Member Updates (All)

- Psychological First Aid training with Northern Light (EMC & Acadia) – Contact Jen L.C. or Laura Lacasse.

10:55 – 11:00am (5 mins)

- **Wrap Up & Adjourn**
- Meeting concluded.

Zoom connection Information:

Penquis Public Health Council Meeting
Rachel Robbins PHE, CDC is inviting you to a scheduled Zoom meeting.
Topic: Penquis District Public Health Council (DCC) Meeting Time: Jun 7, 2024 09:00 AM Eastern Time (US and Canada)
Please download and import the following iCalendar (.ics) files to your calendar system.

Monthly: https://mainestate.zoom.us/meeting/tZUvf-msqTwpE9UrDdiSdT7-eY0fCr3A5QQG/ics?icsToken=98tyKuGprDMqHtOSsxCGRpwcAlqgc-jwtmZej_pojjvhChNXVIS7M9sSNJFtQ_mF

Join Zoom Meeting

<https://mainestate.zoom.us/j/81280477391?pwd=RDh5QzZtcUMxNG5rZEUrY1FIQ1U0Zz09>

Meeting ID: 812 8047 7391

Passcode: 81414883

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