



**CDPHC January Meeting  
January 17, 2025 10am-12pm**

**Attendees:**

Peggy Akers, Cathy Bean-Kelley (NLHC), Brian Batson (MH), Kim Beaudoin (Health Equity), Deqa Dhalac (CCCS), Tammy Diaz (MeDOE), Emma Donnelly, Michael Durkin (CCEMA), Diane Epstein (PHO), Caroline Fernandes (Preble St.), Jim Fraser (CCEMA), Ellen Freedman (MH), Barbara Ginley (MH), Angela Giordano (CCPHD), Samantha Grela (CRI), Susie Guthro (TOA), Caity Hager (City of Portland), Olivia Harris (Speak About It), Allie Harvell (MECDC), Lori Huot (MeDOE), Kristine Jenkins (MeCDC), Courtney Kennedy, (GSFB), Janet Lewin, Aaron Milroy (EMA), Nina Misran (UWSM), Toby Nicholson (MH), Darcy Pomelo, (BCC), Bridget Rauscher (PPH), Brian Richardson (MH), Aleta Rupert (MH), Anna Schmidt (MH), Lane Simsarian (MeCDC), Ari Tickner- Ernst (CCEMA), Brian Townsend, Anne Tucker (GPH), Chris Wheeler (CCEMA), Kristina Wilson (CMH), Matthew Yeaton (CCEMA), Andrew Volks (Preble Street)

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*Northern Light Home Care and Hospice*

**Deputy Chair:**

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*City of Portland*

**Council Representative to  
SCC:**

**Courtney Kennedy**

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*District Liaison, Maine CDC*

**Hannah Ruhl**

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*Preble Street*

**Mission**

The Council's mission is to promote the health of all our communities by providing information, coordination, collaboration and advocacy.

**Vision**

The Council's vision is that communities in the Cumberland District are among the healthiest in the state.

Meeting Agenda Item	Notes	Additional Material(s) and Link(s)
	<p>-CDPHC Election Results:  <b>-Hannah Ruhl</b>, Clinical Professor in Public Health at the University of New England, new CDPHC Executive Committee member  <b>-Susie Guthro</b>, Bridgton Community Resilience Builder, The Opportunity Alliance, new CDPHC Executive Committee member  <b>-Brian Townsend</b>, Common Space, is a new CDPHC District Coordinating Council Voting Member.                      -Funding Update: \$9,862.76                      -Year-in-Review Document: <a href="#">view additional materials and links</a></p>	<p>                      2024 Cumberland District Public Health C</p>
<p><b>Tuberculosis Briefing</b></p>	<p>Presenters:                      -Matthew Simpson, Maine CDC Public Health Nursing                      -Dr. Christina DeMatteo, MaineHealth                      -Sarah Sheldon, Portland Public Health                      Public health nursing helps with public health in Cumberland County. We have three main areas we work with.                      1.) maternal child                      2.) vaccinations                      3.) work with private and public partners for the eradication of tuberculosis in the state of Maine.                      -assessments of patients, ensuring they have their meds.                      -Direct observed therapy                      -testing for TB.                      -if positive- assist with getting them connected with the care to get treatment.                      -help with high-risk <b>LTBIs</b>. So if there is an <b>LTBI</b> patient that we have that is at a higher risk of converting from a latent form to an active form.  <b>LTBI latent tuberculosis infection.</b>                      -first phase of tuberculosis infection. Individuals will test positive but have no symptoms; not infectious.</p>	<p><a href="#">Tuberculosis Control Program</a>   <a href="#">MaineHealth Tuberculosis</a></p>



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	<p>-this state, it's very easy to treat compared to when it's in its active</p> <p>-<b>2022</b>, we had 17 active cases.</p> <p>-<b>2023</b> official data, we had 26 cases</p> <p>-<b>2024</b> is between 41 and 45 cases.</p> <p>-Currently in Cumberland districts one, two, and three, public health nurses are caring for approximately 27 active patients.</p> <p>-Stigma: People think Tuberculosis is rare; It's more common than people understand. A quarter of people in the world has tuberculosis. The latent form (the quiet form) is a common infection.</p>	
<b>H.I.V. and Hep C-Bangor Lessons</b>	<p>Presenters:</p> <p>-Emily Cason, Surveillance Epidemiologist, Maine CDC</p> <p>-Chloe Manchester, Viral Hepatitis Epidemiologist, Maine CDC</p> <p>-Courtney Pladsen, Medical Director, MaineCare</p>	 1.17.25 Maine HIV Hep C Homelessness
<b>Avian Flu Briefing</b>	<p>Presenter: Anna Krueger, Epidemiologist, Maine CDC</p>	 H5N1 CDPHC Meeting 1.17.25.pptx
<b>Health Care Coalition (HCC) Update</b>	<p>The Health Care Coalition is the subcommittee of our council responsible for:</p> <ul style="list-style-type: none"> <li>- healthcare providers</li> <li>-Emergency preparedness</li> <li>-worked together in long-term care facilities and nursing homes and hospitals</li> <li>-Healthcare coalitions meet quarterly</li> </ul>	
<b>Partner Updates</b>	<p><b>-Barbara Ginley:</b> Storm resiliency project that was SAMHSA funded focused on coastal Cumberland County We'll be wrapping up at the end of March. The inland storm projects are all ending at the end of February.</p> <p><b>-Ann Tucker, Greater Portland Health:</b> We just had three more team members trained on rapid HIV testing and we've been going out in our mobile medical clinic and our team has been twice a week once in collaboration, that common space and once over the Cumberland County Jail.</p> <p><b>-Courtney Kennedy (GSFB):</b> Farm Fresh Rewards is a point of purchase discount program And Maine Harvest Bucks takes place at farmers markets and is a voucher-based system. Individuals who are purchasing fruits and vegetables with SNAP can receive great benefits. Check out either farmfreshrewards.org or Maine Harvest Bucks to learn more.</p> <p><b>-Brian Townsend; Executive Director of Common Space:</b> Common Space in the greater Portland area has we support currently three congregate spaces, as well as running housing programs and doing work within the Cumberland County Jail. We operate a syringe service program.</p> <p><b>-Deqa Dhalac; Cross-Cultural Community Services:</b> The Cross-Cultural Community Services is doing our yearly event, which is the Black History Month Wellness Fair. It's going to be on the 26th and 27th of February. February 26th</p>	



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is going to be at Portland and the 27th is going to be at ECC, Equality Community Center on Casco Street in Portland.

**-Matthew Cohen:** Public Health Nursing Supervisor for Districts 1 and 2, which is York and Cumberland County. We've been busy in three distinct areas one area has been vaccinations; with the removal of the waivers that schools have been operating under this last season. Trying and get onto a more regular schedule of offering vaccination events and certain cities to try and make sure we don't get a backlog of children.

**-Nina Misra; United Way of Southern Maine:** Launched a new program called Read Away, which is at the Maine Correctional Center and the Southern Maine Women's Reentry Center. It is a reading program to help moms who are incarcerated connect with their children.

**-Nelida Berke:** Be working for the next five and a half months on NACCHO Grant that is intended to strain the immunization program and basically communication and outreach capacity among the Black and Latino communities. Our policy committee is in the process of building our governance structure. Looking for people who have experience in building coalition capacity and understand our main current policy landscape.

**Next CDPHC Meeting:  
March 21, 2025  
10am-12pm**

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Council Facebook Group- [CDPHC-Maine](#)**