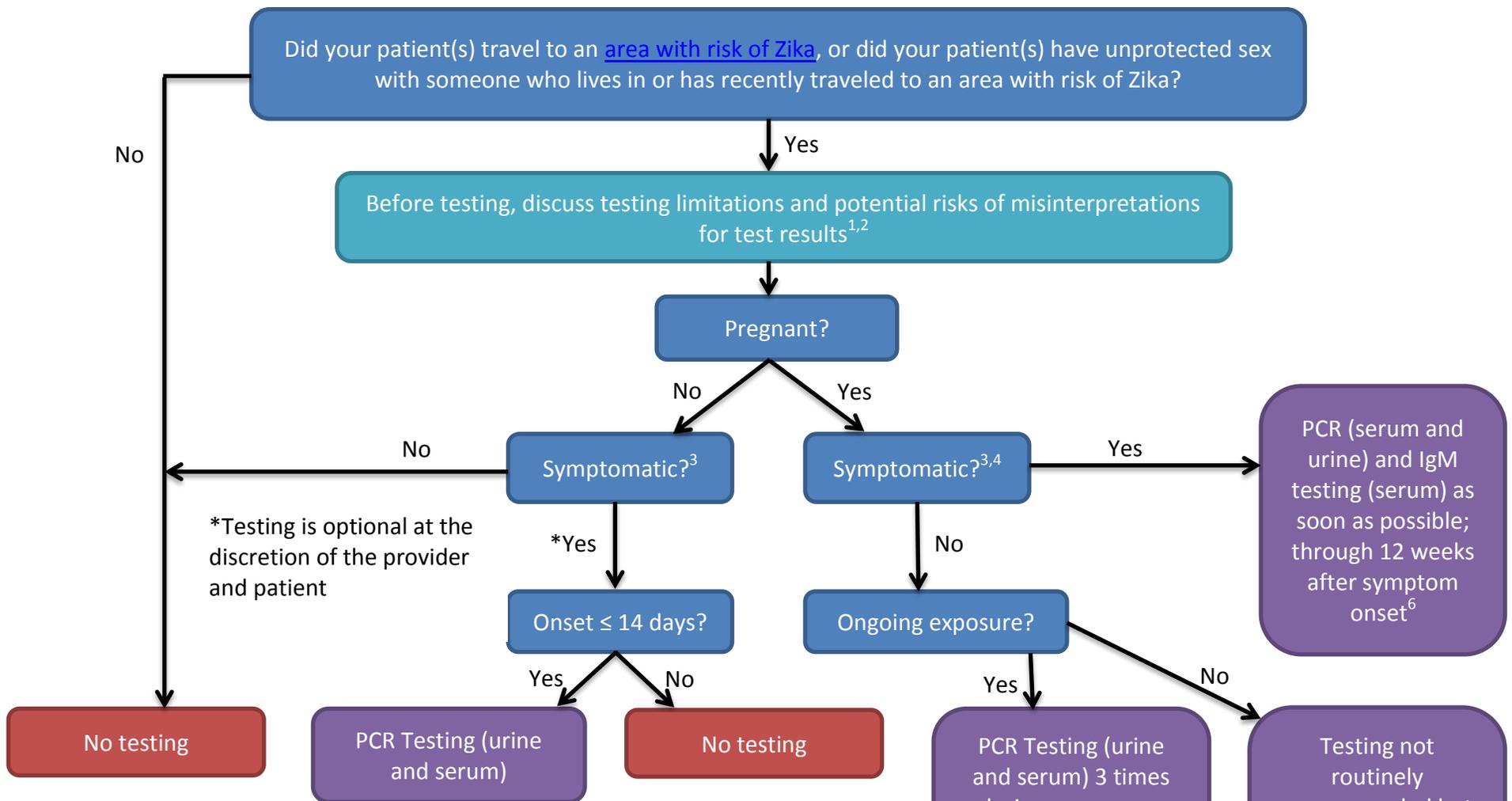


# Maine Zika Testing Algorithm



<sup>1</sup>Pretest counseling conversation guides for pregnant women:

<https://www.cdc.gov/zika/hc-providers/pregnant-women/patient-counseling.html>

<sup>2</sup>Zika virus testing is not routinely recommended for pregnant women with a previous diagnosis of laboratory-confirmed Zika virus infection.

<sup>3</sup>Symptoms include fever, rash, headache, arthralgia, myalgia, and conjunctivitis.

<sup>4</sup>Exposure before the current pregnancy might limit interpretation of Zika virus IgM antibody results; pretest counseling can inform decision. Some women may choose to not receive Zika virus IgM testing.

<sup>5</sup>For interpretation of results, see federal CDC's algorithm for [asymptomatic pregnant women with possible Zika virus exposure](#)

<sup>6</sup>For interpretation of results, see federal CDC's algorithm for [symptomatic pregnant women with possible Zika virus exposure](#)