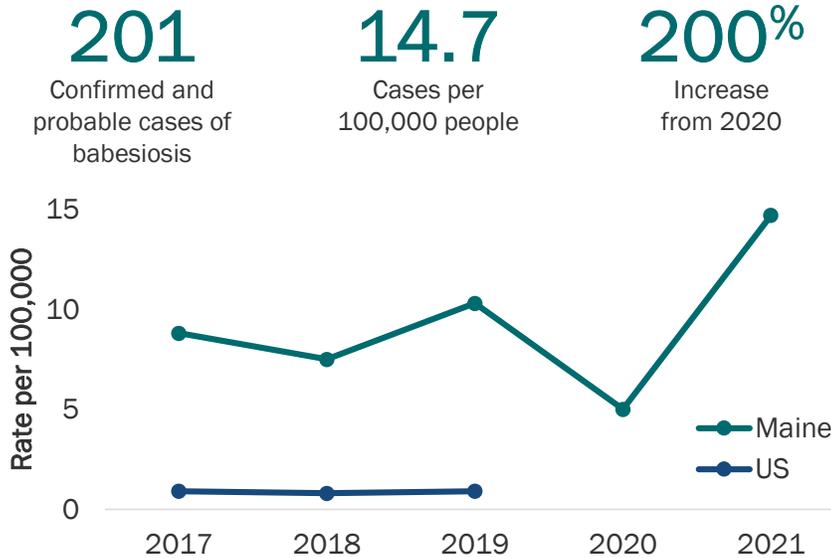




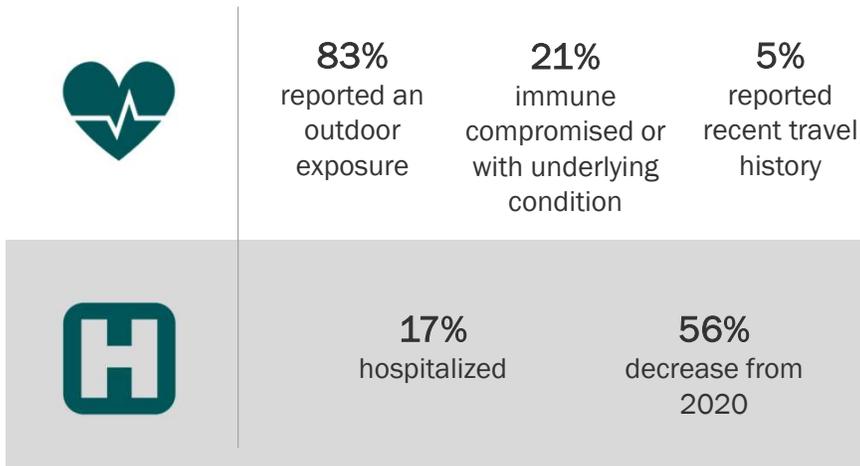
# Babesiosis

Maine Surveillance Report | 2021

## Case Information:



## Characteristics:



## Demographics:

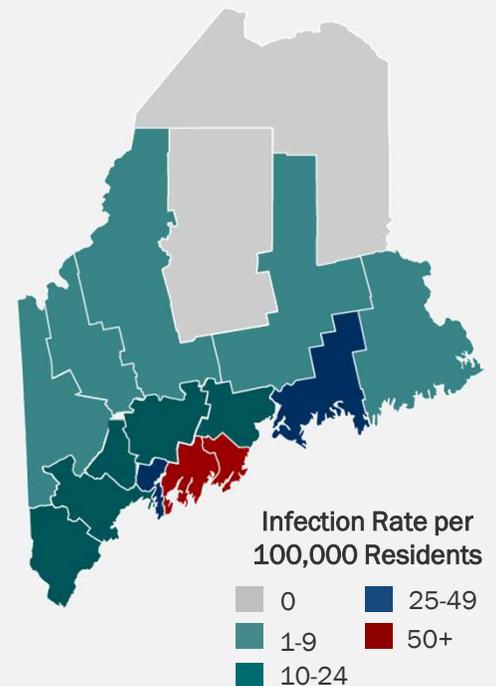


61% of patients were male

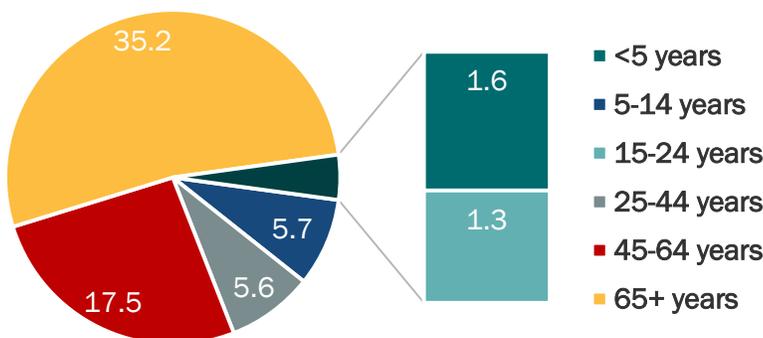
Median age of 65  
Age range of 3-92 years

97% of patients were White

## Geography:



## Infection Rate by Age Group:



## Trends:

- Cases reported in 14 out of 16 counties.
- Highest infection rate in Knox County.
- Highest infection rate in 65+ age group.
- Lowest infection rate in 5-14 age group.
- Most common symptoms reported are fevers, muscle aches, chills, headaches, sweats, and joint pain.

## For more information visit:

- [www.maine.gov/dhhs/babesiosis](http://www.maine.gov/dhhs/babesiosis)
- [www.cdc.gov/babesiosis](http://www.cdc.gov/babesiosis)



## Clinical Information:



**32%**  
reported history  
of tick bite

**16%**  
co-infected with  
Lyme disease

**8%**  
co-infected with  
anaplasmosis

**0%**  
co-infected with all  
three diseases



**83%**  
reported a  
fever

**65%**  
reported  
muscle aches

**62%**  
reported  
chills

**51%**  
reported a  
headache



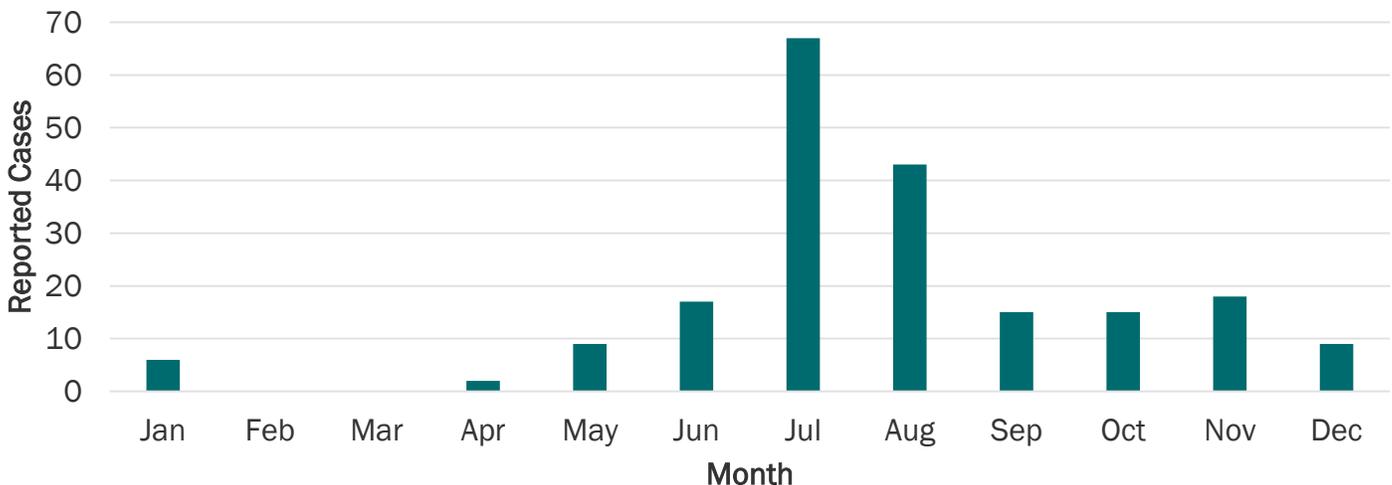
**41%**  
had low platelet  
counts

**42%**  
had low red  
blood cell counts

**45%**  
reported  
sweats

**26%**  
reported joint  
pain

## Monthly Distribution (by date of report):



## Prevention:

**Wear light-colored clothing**, including long-sleeved shirts, long pants, and socks

**Use EPA-approved repellants** on skin and clothing

**Avoid infested areas** like wooded and brushy areas with high grass and leaf litter

**Do a full-body tick check** including your clothing and gear when coming back indoors

**Call a healthcare provider** if symptoms develop