

# Maine Weekly Influenza Surveillance Report

April 16, 2008

## Synopsis

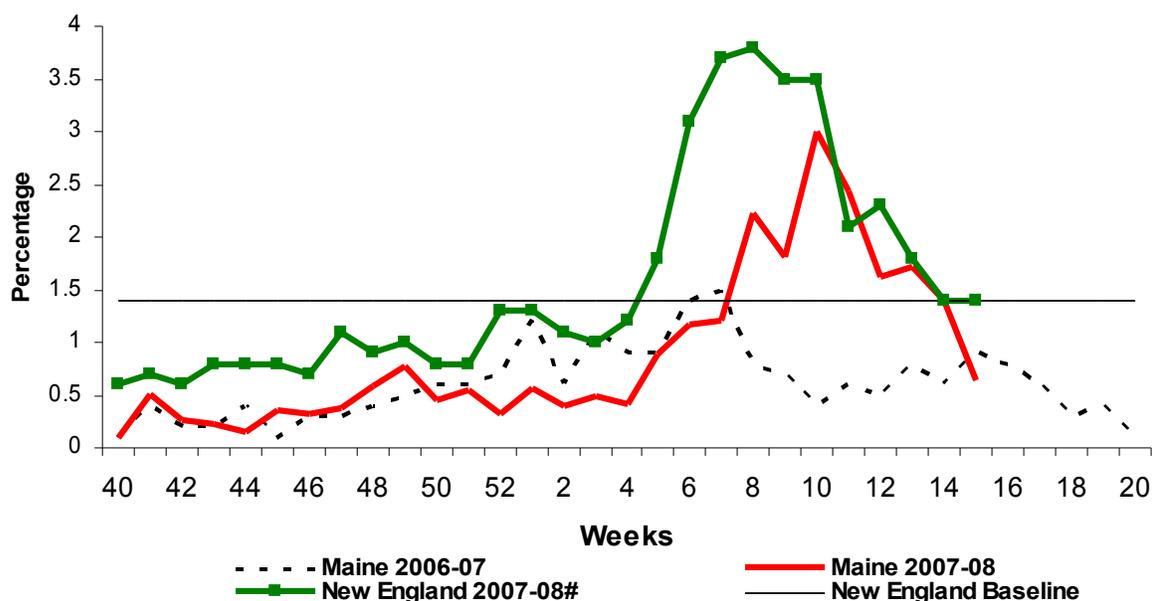
During the week ending April 12, 2008 (MMWR week 15)\*, Maine reported regional influenza activity. One outbreak of influenza in a long term care facilities was reported during week 15. Reports of outpatient visits for influenza-like illness, influenza-associated hospitalizations, and laboratory-confirmed influenza have decreased during week 15.

## Moderate Disease Surveillance

### Outpatient influenza-like illness (ILI)

During the week ending April 12, 2008 (week 15), 0.65% of outpatient visits reported by eight Maine Sentinel Providers were for influenza-like illness (ILI), defined as fever ( $\geq 100^{\circ}$  F /  $\geq 37.8^{\circ}$  C) and cough or sore throat in the absence of a known cause. In the New England States, 1.4% of outpatient visits were attributed to influenza-like illness during week 15.

### Outpatient Visits for Influenza-like Illness -- Maine, 2006-08



# New England is defined as Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont.

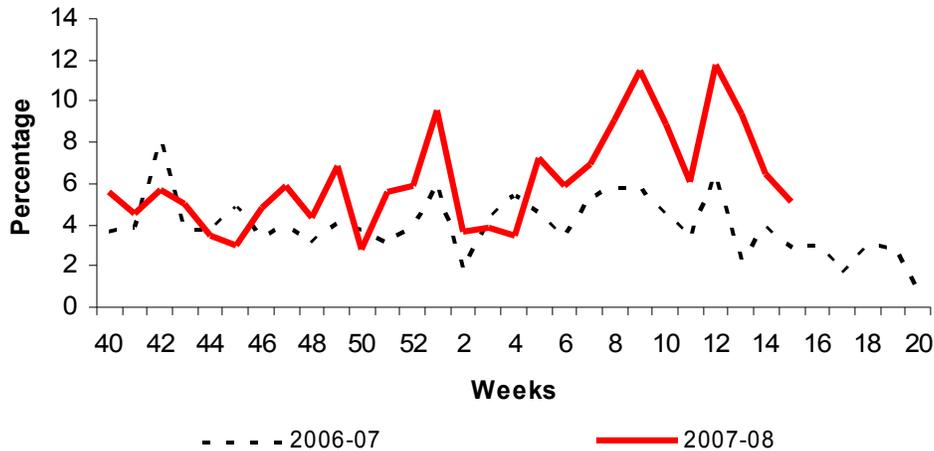
## Severe Disease Surveillance

### Hospital inpatients

During the week ending April 12, 2008 (week 15), 5.1% of hospital admissions reported by three hospitals were attributable to pneumonia or influenza. This was a decrease from week 14 when 6.5% of hospital admissions were attributable to pneumonia and influenza.

\* At time of publication, reporting may be incomplete. Numbers presented here may change as more reports are received.

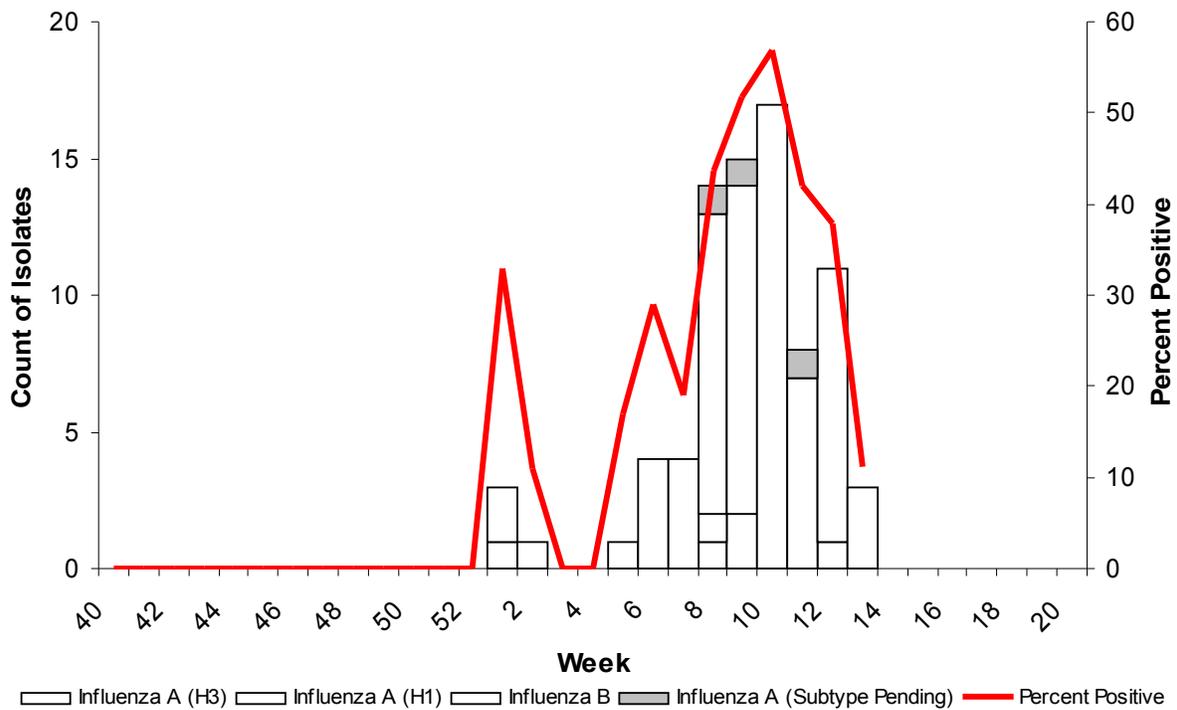
## Hospital Admissions Due to Pneumonia or Influenza -- Maine, 2006-08



### Laboratory Reporting

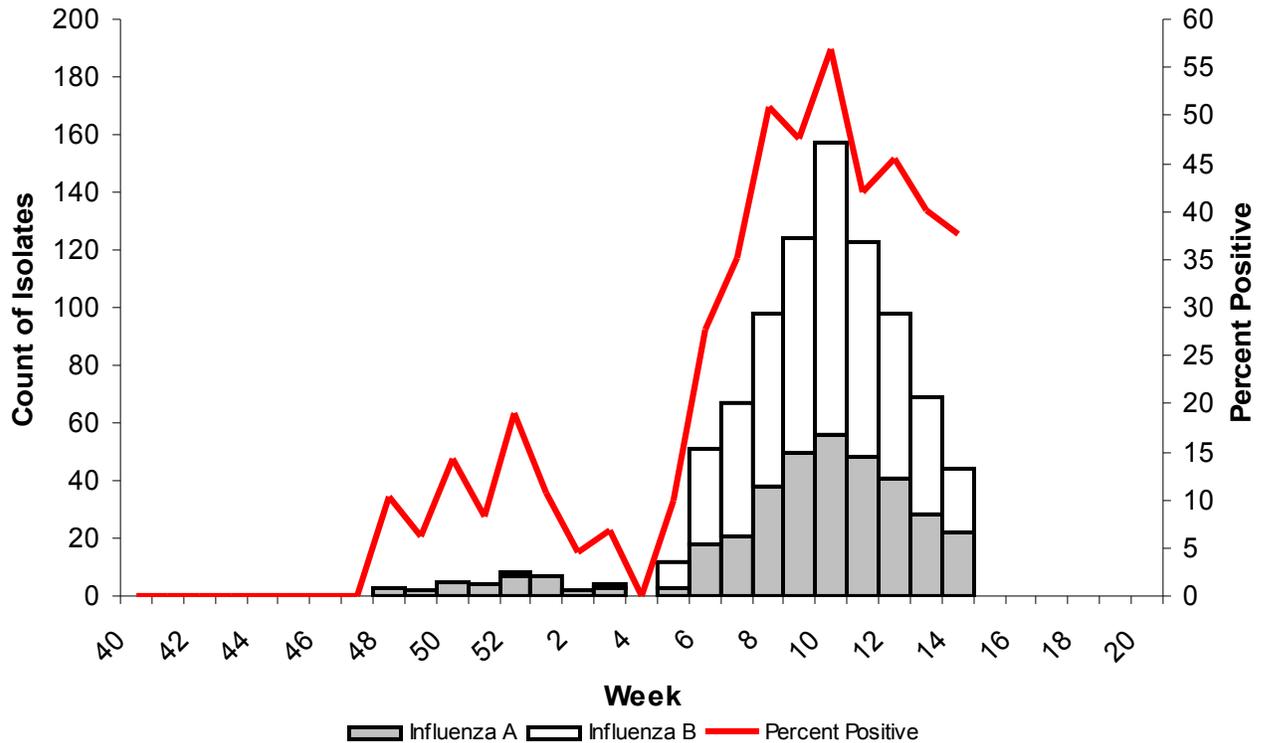
Results from the Maine Health and Environmental Testing Laboratory (HETL) are not available for week 15. As of March 29, 2008 (week 13), a cumulative total of 314 respiratory specimens had been submitted to HETL for testing. To date, a total of 81 (25.8%) specimens were positive for influenza; six were influenza A (H3), three were influenza A (H1), three were influenza A (subtype pending), and 69 specimens were influenza B. In addition, four specimens were positive for parainfluenza-2, one specimen was positive for parainfluenza-1, and one specimen was positive for mumps. Results on 33 specimens are pending; all other specimens were negative.

## Respiratory Specimens Positive for Influenza From the Health and Environmental Testing Laboratory – Maine, 2007-08



Two private reference laboratories in Maine reported for the week ending April 12, 2008 (week 15). Seven of 75 specimens were positive for influenza A. Five specimens were positive for influenza B. In addition, three specimens were positive for RSV. As of April 12, 2008, a cumulative total of 2,582 respiratory specimens have been submitted to two private reference laboratories in Maine. Of these, 365 (14%) specimens were positive for influenza A and 525 (20%) were positive for influenza B. Five hundred six specimens were positive for RSV, ten specimens were positive for parainfluenza-1, ten specimens were positive for parainfluenza-2, three specimens were positive for parainfluenza-3, six specimens was positive for adenovirus, three specimens were positive for enterovirus, and the remaining specimens were negative.

## Respiratory Specimens Positive for Influenza From Two Reference Laboratories – Maine, 2007-08



### Outbreaks

During the week ending April 12, 2008, one outbreak of influenza-like illness was reported in Maine in a long term care facility in southern region. A total of 75 outbreaks of influenza-like illness have been reported in Maine this season.

### Influenza-like illness outbreaks by selected characteristics – Maine, 2007-08

	Facility Type*	Region	Date Reported	Attack Rate (%)		Hospitalizations #	Deaths #	Vaccination rate (%)		Lab-confirmed
				Resident	Staff			Resident	Staff	
1	LTC	Midcoast	12/27/2007	9	0	0	0	100	55	Influenza A
2	LTC	Eastern	1/14/2008	31	6	1	0	100	94	^
3	School	Midcoast	1/28/2008	7	0	0	0	^	^	Influenza A
4	School	Aroostook	1/29/2008	15	^	^	^	^	^	^
5	School	Aroostook	1/29/2008	27	0	0	0	^	^	Influenza
6	School	Midcoast	1/31/2008	3	0	0	0	^	^	Influenza
7	School	Aroostook	2/4/2008	20	11	0	0	^	^	Influenza A
8	School	Northern	2/4/2008	17	25	^	^	^	^	Influenza
9	LTC	Midcoast	2/12/2008	24	5	0	0	98	5	Influenza B
10	LTC	Midcoast	2/13/2008	40	17	0	0	80	83	Influenza A
11	LTC	Western	2/15/2008	9	0	2	0	83	0	Influenza B

12	LTC	Eastern	2/15/2008	11	16	1	0	89	50	Influenza A
13	School	Midcoast	2/15/2008	20	0	0	0	^	^	Influenza B
14	LTC	Western	2/20/2008	34	^	0	0	^	^	Influenza A
15	ACF Unit	Western	2/20/2008	36	^	NA	0	^	^	Influenza
16	LTC	Eastern	2/21/2008	20	8	^	^	^	^	Influenza B
17	LTC	Western	2/21/2008	0	3	^	^	^	^	Influenza
18	LTC	Western	2/21/2008	1	3	^	^	96	50	Influenza
19	LTC	Southern	2/22/2008	1	0	^	^	^	^	Influenza
20	LTC	Eastern	2/22/2008	1	0	1	1	60	50	Influenza B
21	ACF	Eastern	2/25/2008	12	^	^	^	^	^	Influenza
22	ACF Unit	Western	2/25/2008	1	^	NA	^	^	^	Influenza B
23	LTC	Southern	2/26/2008	9	0	0	0	99	54	Influenza A
24	LTC	Western	2/26/2008	5	1	0	1	94	50	Influenza
25	LTC	Central	2/26/2008	3	2	0	0	96	75	Influenza A
26	LTC	Southern	2/26/2008	0	4	1	0	96	42	Influenza A
27	LTC	Eastern	2/26/2008	21	1	0	0	100	40	Influenza B
28	LTC	Western	2/27/2008	1	0	0	0	94	50	Influenza
29	LTC	Western	2/28/2008	5	3	1	0	80	^	Influenza A
30	LTC	Northern	2/29/2008	18	6	0	0	100	6	Influenza
31	LTC	Eastern	2/29/2008	7	2	0	0	100	50	Influenza B
32	LTC	Southern	2/29/2008	1	0	0	0	85		Influenza B
33	LTC	Western	3/3/2008	2	<1	^	^	99	30	Influenza
34	LTC	Western	3/3/2008	1	1	1	0	98	60	Influenza A
35	ACF Unit	Eastern	3/3/2008	8	2	NA	^	^	^	Influenza
36	LTC	Western	3/4/2008	4	0	0	0	90	72	Influenza B
37	LTC	Southern	3/4/2008	18	2	2	0	89	49	Influenza
38	LTC	Eastern	3/5/2008	33	12	0	^	99	5	Influenza B
39	LTC	Central	3/5/2008	1	1	^	^	^	^	Influenza A
40	LTC	Eastern	3/7/2008	27	6	3	0	100	^	Influenza A
41	LTC	Eastern	3/7/2008	6	6	0	^	91	39	Influenza B
42	LTC	Central	3/7/2008	3	31	3	0	99	43	Influenza B
43	LTC	Western	3/7/2008	5	^	^	^	^	^	Influenza B
44	School	Eastern	3/10/2008	18	^	^	^	^	^	Influenza
45	LTC	Southern	3/10/2008	7	^	2	0	100	33	Influenza A
46	School	Eastern	3/10/2008	21	1	^	^	^	^	Influenza
47	LTC	Western	3/10/2008	5	3	0	0	^	20	Influenza B
48	School	Eastern	3/10/2008	23	11	^	^	^	^	Influenza
49	School	Eastern	3/10/2008	17	0	^	^	^	^	Influenza
50	LTC	Western	3/10/2008	5	0	1	0	99	50	Influenza
51	LTC	Western	3/10/2008	1	0	0	0	100	50	Influenza
52	LTC	Southern	3/11/2008	26	1	3	0	88	69	Influenza
53	LTC	Southern	3/11/2008	2	0	0	0	100	90	Influenza
54	LTC	Southern	3/12/2008	8	0	0	0	93	56	Influenza
55	LTC	Eastern	3/12/2008	11	10	1	1	100	100	Influenza B
56	LTC	Eastern	3/12/2008	8	0	1	1	100	60	Influenza B
57	LTC	Central	3/12/2008	6	2	1	0	90	70	Influenza B
58	LTC	Central	3/13/2008	25	35	2	0	^	^	Influenza
59	ACF	Central	3/13/2008	1	0	^	^	^	^	Influenza B
60	LTC	Central	3/14/2008	1	1	0	0	98	83	Influenza B
61	LTC	Western	3/18/2008	3	0	^	^	100	70	Influenza A

62	LTC	Eastern	3/19/2008	0	2	^	^	^	^	Influenza
63	LTC	Midcoast	3/20/2008	3	0	0	0	92	50	Influenza A
64	LTC	Central	3/21/2008	3	4	^	^	^	^	Influenza B
65	LTC	Central	3/21/2008	4	^	^	^	^	^	Influenza A
66	LTC	Central	3/21/2008	8	0	^	^	100	8	Influenza A
67	LTC	Western	3/25/2008	17	13	1	0	94	87	Influenza A
68	LTC	Central	3/25/2008	11	^	2	1	90	59	Influenza
69	LTC	Eastern	3/26/2008	6	0	0	0	94	37	Influenza
70	LTC	Midcoast	3/27/2008	7	3	2	0	66	^	Influenza B
71	LTC	Central	4/2/2008	17	^	^	^	^	^	Influenza
72	LTC	Central	4/2/2008	^	^	^	^	^	^	Influenza B
73	LTC	Southern	4/3/2008	9	^	^	^	^	^	Influenza
74	LTC	Southern	4/3/2008	4	2	2	0	57	^	Influenza A
75	LTC	Southern	4/11/2008	9	0	0	0	^	0	Influenza

\* Outbreak definition is specific to facility type. An outbreak in long-term care facilities (LTC) is defined as  $\geq 3$  patients with ILI identified on same floor or ward during a short (e.g., 48-72 hour) period OR  $\geq 1$  patients with lab-confirmed influenza; an outbreak in an acute care facility (ACF) is defined as  $\geq 1$  patients with ILI or lab-confirmed influenza with symptom onset  $\geq 48$  hours post-admission (i.e., nosocomial); and an outbreak in a school is defined as  $\geq 15\%$  absentee rate among student population due to ILI or lab-confirmed influenza.

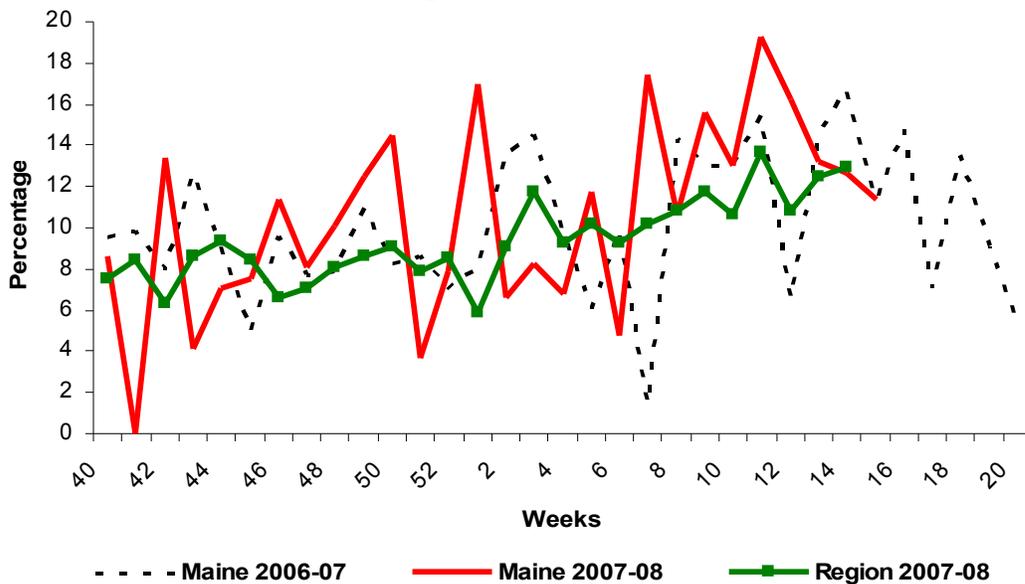
^ Data unavailable; NA indicates not applicable

## Fatalities Surveillance

### Death Certificates

During the week ending April 12, 2008 (week 15), 11.4% of deaths reported by three city vital records offices were attributable to pneumonia and influenza.

**Percentage of Deaths Attributable to Pneumonia and Influenza –  
Maine, New England and the United States, 2006-08**



^ New England includes the following reporting areas: Boston, MA; Bridgeport, CT; Cambridge, MA; Fall River, MA; Hartford, CT; Lowell, MA; Lynn, MA; New Bedford, MA; New Haven, CT; Providence, RI; Somerville, MA; Springfield, MA; Waterbury, CT; Worcester, MA.

### *Pediatric Fatalities*

One influenza-associated pediatric death in Maine has been reported this season.

### **National Influenza Activity**

State health departments report the estimated level of influenza activity in their states each week. States report influenza activity as: 1) no activity, 2) sporadic, 3) local, 4) regional, or 5) widespread (definitions of these levels can be found at: [www.cdc.gov/flu/weekly/usmap.htm](http://www.cdc.gov/flu/weekly/usmap.htm)). Maine reported widespread influenza activity for the week ending April 5, 2008 (week 14) and regional activity for the week ending April 12, 2008 (week 15).

