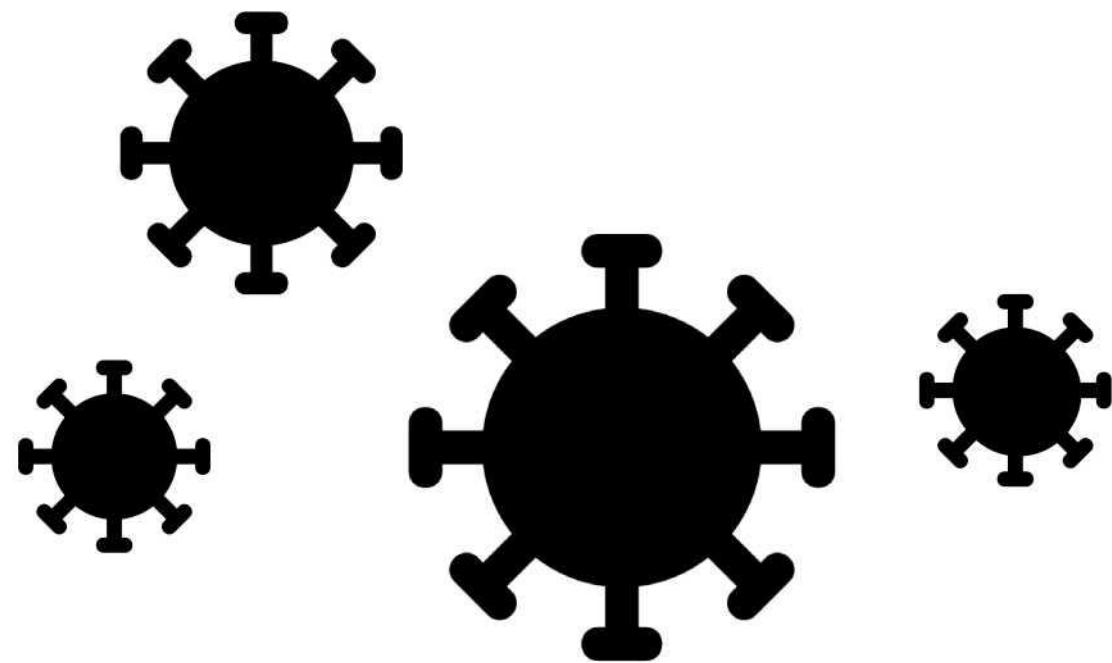


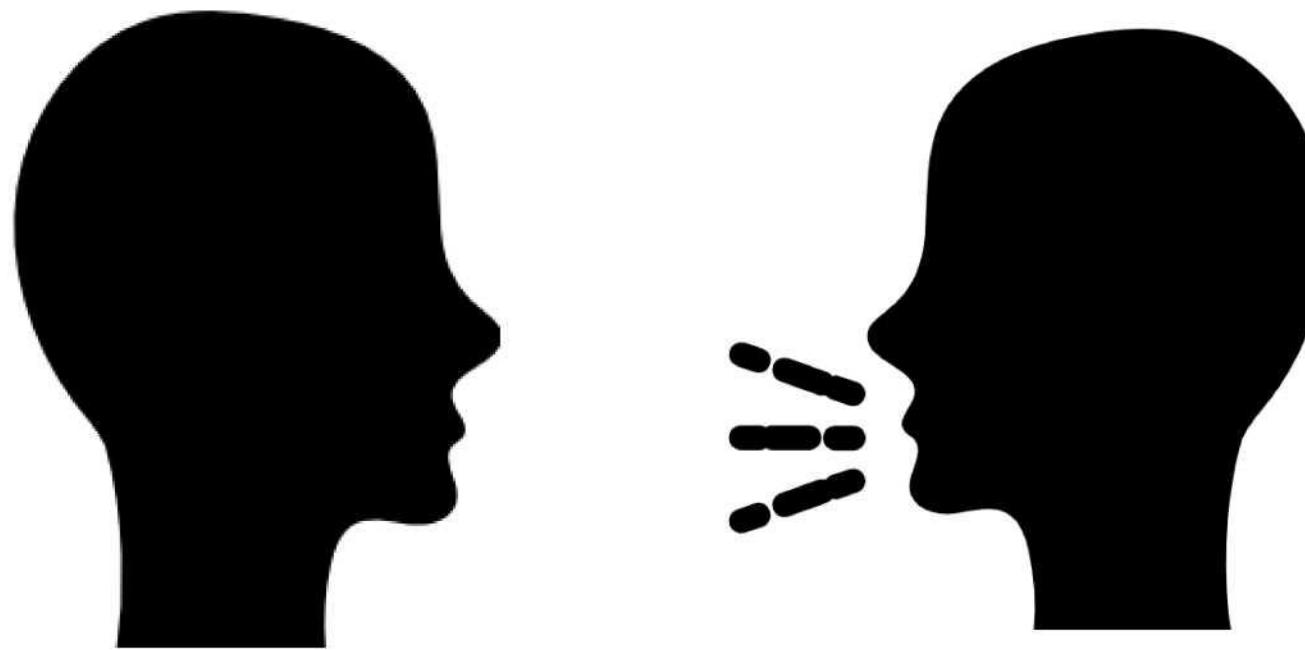


Ba Oreillons

Lokasa ya Makambo ya Bosolo



Ba Oreillons ezali bokono oyo ebimaka na nzela ya virus ya ba oreillons.



Ba Oreillons epalanganaka ntango moto oyo azali kobela yango azali kokosola to azali kosala itie to ntango moto asimbi esika oyo ezali na mikrobe mpe nsima asimbi miso, zolo, to monoko na ye.

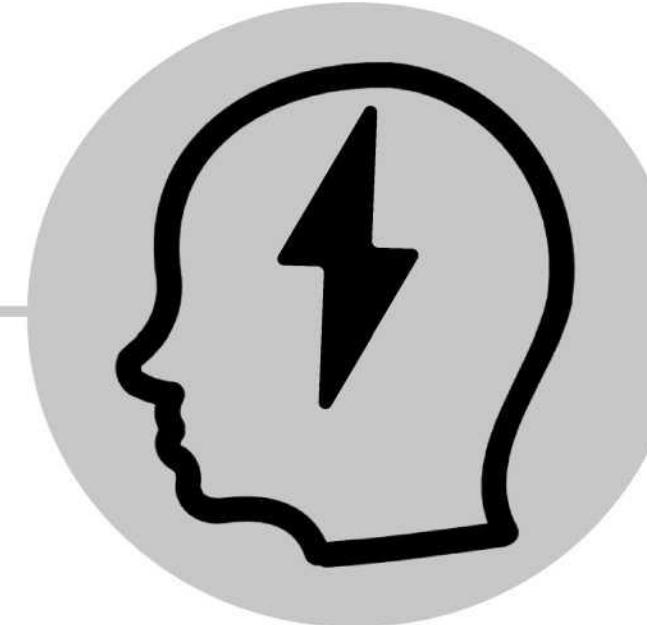
Bilembeteli mpe Bilembo



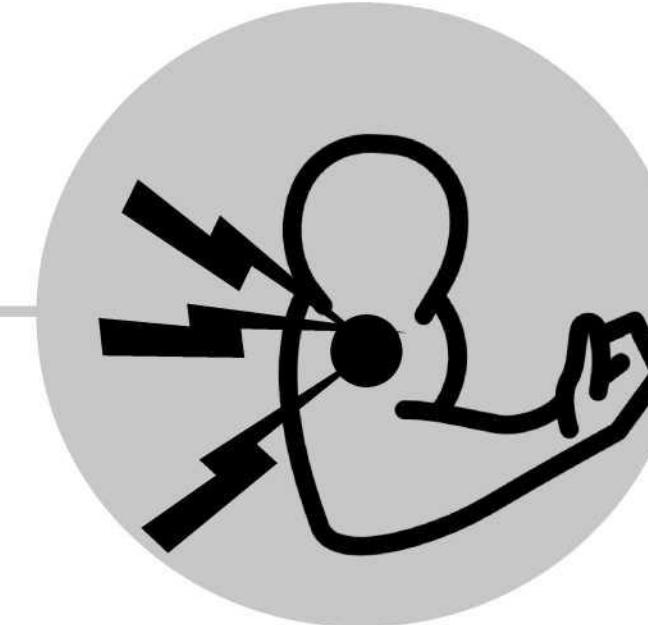
Baglandes ya kovimba



Fievre



Mutu mpasi



Mpasi ya Misia

Bilembeteli mpe bilembo oyo emonanaka mingi ezali fievre, mpasi ya mutu, mpasi ya misisa, kolemba nzoto, mpe kozanga mposa ya kolya, mpe baglandes esalaka mpasi mpe ya kovimba na nse ya litoyi moko to matoyi mibale. Pene ya ndambo ya bato oyo bazwaka ba oreillons bazalaka na bilembeteli mpe bilembo ya pete to ata moke te. Mikakatano ya bokono oyo ezali motane mpe kovimba ya batesticules mpona mibali, kovimba ya baovaires mpona basi, kovimba ya boongo to mosuni oyo ezipaka mokuwa ya mokongo, kobungisa zemi, mpe kozanga koyoka mpona libela.

Bilembeteli mpe bilembo mingi ebandaka mikolo 16-18 nsima ya kokutana na mikrobe, kasi ekoki kobanda mikolo 12 - 25. Ba Oreillons ekoki kopalangana mikolo mingi liboso kovimba ya baglante emonana kino mikolo 5 na nsima. Esengeli moto azala isolé mikolo 5 nsima kovimba ya baglante ebada.

Kopekisa yango



- Kozwa mangwele mpona bokono (mingi babengaka yango MMR) ezali lolenge malamu ya kopekisa bokono ya ba oreillons.



- Kosukola maboko na sabuni
- Kokabola bisaleli ya kolya te
- Tya bopeto na bisika oyo bato basalelaka mbala mingi

Ezali na nkisi moko te ya sikisiki mpona ba oreillons.

Mpona Koyeba Makambo Misusu



Benga monganga na yo to Centre ya Maine oyo Epeksaka Bokono mpe Elandelaka Yango Nzela na 1-800-821-5821 soki okanisi ete ozali na ba oreillons to mpona koyeba makambo misusu.

Okoki mpe kokende na www.cdc.gov/mumps.